

# Sudden Impact Paddling Club. (SIPC- a not for profit society)



## Application/Renewal with SIPC – 2025/2026

### Personal Details (Please print)

Complete all details on these form (includes Personal Details, Membership Declaration, Code of Conduct and Safety Guidelines) and submit the full form to your team designate with payment. **Incomplete forms cannot be accepted...**

Team:		Today's Date	
Name: First		Last	Pronoun(s)
Full Address:			
Phone:		Email:	
Birthdate:		Emergency Contact Name:	
		Phone:	

### SIPC Membership Reminders (this part should be completed last)

- Do you wish to go on the SIPC e-mailing list  
yes / no Initial \_\_\_\_\_
- Can you swim more than 50m in paddle clothing?  
yes / no
- Do you hold a current:
  - First Aid Certificate  
Date of Expiry \_\_\_\_\_
  - Coaching Certificate- Level \_\_\_\_\_
- Do you have any current or pre-existing medical conditions that you would like us to know about and how can we support your paddling experience.      yes / no If yes, Please explain:
- I have read and understood the Safety Guidelines  
yes / no
- I have read and understand the Waiver  
○ yes / no
- Payment is included with this application  
○ yes / no
- I've read and understood the Code of Conduct.  
○ yes / no

SIPC Membership Fees: make cheque payable to Sudden Impact Paddling Club or e-transfer to [sipaddlingclub@gmail.com](mailto:sipaddlingclub@gmail.com) with your name in the memo. Password is **Regatta22** (pro-rated fees may be applied)

Club Adult Annual membership fees: \$200  
Junior Fee (under 18): \$100  
Para Team fee- TBD by Executive Committee

Affiliate Fee: \$150  
(must be approved by Executive committee)

Payment Date \_\_\_\_\_ Payment Method \_\_\_\_\_.

Junior members (under 18) must have a guardian file this paperwork.

I have read the information provided to me and agree to the fees above. Any and all refunds of club fees will be reviewed by the executive.

\_\_\_\_\_  
**Applicant Signature**

\_\_\_\_\_  
**Guardian Name**

\_\_\_\_\_  
**Date**

\_\_\_\_\_  
**Guardian Signature**

# SUDDEN IMPACT PADDLING CLUB WAIVER

**Release of Liability, Waiver of Claims, Assumption of Risks and Indemnity Agreement, (the "Agreement")  
BY SIGNING THIS AGREEMENT YOU WILL GIVE UP CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE**

**PLEASE READ CAREFULLY Please provide all information and SIGN and INITIAL this Waiver.**

**Re:** Participation in the Sudden Impact paddling program(s), pursuant to the safety guidelines, rules and regulations. (collectively referred to as the "Rules").

**Name:** \_\_\_\_\_

**To: The Sudden Impact Paddling Club**, and their respective directors, officers, employees, contractors, representatives, officials, agents, and volunteers.

## In this Agreement:

1. the term, "paddling programs" shall include but is not limited to: competitions, races, demonstrations, practices, events, orientation and instruction sessions, and other such activities, events and services in any way connected with or related to the Sudden Impact Paddling Club; and
2. the term, "Releasees" shall include the Sudden Impact Paddling Club, affiliate centres and events, sponsors, official suppliers, officials, and all of their respective directors, officers, employees, volunteers, agents, representatives, successors and assigns.

## ACKNOWLEDGEMENT – SAFETY

I am aware that the physical exertion required as with other recreational and competitive sports, paddling and the forces exerted on the body can activate or aggravate pre-existing physical injuries, conditions, symptoms or congenital defects. I **HAVE ALSO READ AND UNDERSTAND THE SAFETY RECOMMENDATIONS, AND I AGREE TO ABIDE BY THOSE GUIDELINES.** (Sudden Impact Safety recommendations attached to this document and available upon request)

## ASSUMPTION OF RISKS

I am aware and understand that paddling programs and paddling sports have inherent dangers, hazards and risks including, but not limited to:

- Accidents which occur while loading and unloading equipment
- Abrupt weather changes
- Collision with manmade or natural objects or other paddlers or bystanders
- Conditions of water surface and variations in the water conditions, surfaces and currents
- Improper use of equipment
- Negligence of others
- Overturning or upsetting the boat
- Falling from the boat while on the water
- Swimming ability of myself or others
- Facility and site hazards
- Negligence of releaseses
- Sustained rigorous physical activity
- Travel to and from site
- Drowning
- Immersion in cold water (hypothermia)
- Equipment failure

I understand that injuries resulting from the danger, hazards and risks of paddling program(s) are a probable occurrence of such sport(s). I am also aware that there is a risk of **NEGLIGENCE ON THE PART OF THE RELEASEES, INCLUDING THE FAILURE BY THE RELEASEES TO SAFEGUARD OR PROTECT ME FROM THE DANGERS, HAZARDS AND RISKS OF PADDLING SPORTS.**

I freely accept and fully assume all dangers, hazards and **RISKS** associated with participation in paddling sports and the possibility of personal injury, death, property damage or loss resulting therefrom.

## • RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY

I acknowledge that it remains my sole responsibly to act in such a manner as to be responsible for my own safety and participate within my own limits. I understand that the Rules are solely for the purpose of regulating other paddling program(s) participants and me. In consideration of the Releasees agreeing to my participation in paddling program(s) & events and permitting my use of their equipment and facilities, I hereby agree as follows:

<b>Registrant Must Initial</b>

1. TO WAIVE ANY AND ALL CLAIMS that I have or may in the future have against THE RELEASEES AND TO RELEASE THE RELEASEES from any and all liability for any loss, damage, expense or injury that I may suffer, including death, or that my next of kin may suffer as a result of my participation in paddling program(s) due to any cause whatsoever, including negligence, breach of contract, or breach of any statutory or other duty of care, on the part of the Releasees;

2. TO HOLD HARMLESS AND INDEMNIFY THE RELEASEES from any and all liability for any damage or personal injury to any third party resulting from my participation in paddling programs; and

3. This Agreement shall be effective and binding upon my heirs, next of kin, executors, administrators and representatives, in the event of my death or incapacity.

In entering into this Agreement I am not relying on any oral or written representations or statements made by the Releasees with respect to the safety of paddling programs & events other than what is set forth in this Agreement.

**I CONFIRM THAT I HAVE READ AND UNDERSTOOD THIS AGREEMENT PRIOR TO SIGNING IT, AND I AM AWARE THAT BY SIGNING THIS AGREEMENT I AM WAIVING CERTAIN LEGAL RIGHTS WHICH I OR MY HEIRS, NEXT OF KIN, EXECUTORS, ADMINISTRATORS AND REPRESENTATIVES MAY HAVE AGAINST THE RELEASEES.**

Signature of Paddler(Guardian) \_\_\_\_\_ Date Signed \_\_\_\_\_



**CODE OF CONDUCT**  
**Understanding Responsibilities**  
**Encouraging Appropriate Behaviors**  
**Ensuring Safety of Self and Others**

The Sudden Impact Paddling Club encourages teamwork, cooperation and understanding amongst people of diverse backgrounds. SIPC expects all members to abide by the following responsibilities with regard to abuse, discrimination and harassment.

I agree to observe and abide by the Sudden Impact Paddling Club Code of Conduct detailed below:

- a) Respect the rights, dignity and worth of all participants and officials regardless of their ability, gender or cultural background.
- b) Not knowingly discriminate against, abuse, harass, ridicule or embarrass anyone covered by this Code of Conduct.
- c) Be fair, considerate and honest in all dealings with others.
- d) Treat all persons with respect, dignity and proper regard for their rights and obligations.
- e) Respect the privacy of other persons.
- f) Act at all times in a fair and sporting manner and in such a way as to ensure good relations within and between crew(s) and other organizations.
- g) Bullying will not be tolerated. Members are not to engage in behavior that intimidates other crew members or teams at any time. Coaches will address breaches to the code of conduct after practice, unless deemed necessary during practice.
- h) Members are expected to participate in club fundraisers and events, boat care, property tidiness and reporting damages.
- i) Follow Public Health Orders.

Team members may speak to their captain regarding code-of-conduct concerns. If necessary do not hesitate to contact the club commodore.

I agree to abide by the Code of Conduct policies of the Sudden Impact Paddling Club while engaged in the activities of the club, and also agree to comply with all safety guidelines and procedures presented during all activities.

I understand that SIPC authorized representative(s) or agent(s) have authority to revoke my participation in the Sudden Impact Paddling Club at any time, without refund if, in the judgment of the representative(s) or agent(s), my actions or general behavior are determined to be unacceptable.

I understand that every vessel under SIPC ownership is scheduled for fairness to all members. No one member should exceed a fair and equal usage of the boats. Those who are misusing the boats will be subject to this agreement.

I understand that all items which are the properties of the SIPC such as but not limited to paddles, life jackets and boats are the property of the SIPC and shall not be removed from the common area without written permission from the executive. If the executive grants permission, other members will be accommodated by those removing an item.

Misconduct will justify a verbal warning, a written warning, and then a written letter of dismissal.

Printed Name: \_\_\_\_\_

Signature of Paddler (Guardian): \_\_\_\_\_ Date: \_\_\_\_\_

## **SAFETY RECOMMENDATIONS**

### **These are guidelines for your safety**

When paddling, each registrant assumes responsibility for their own safety, and the safety of the group they are paddling with by adhering to the following safety guidelines, which act as supplement to the Safety Policy and the Winter Paddling Procedures.

1. While on the water the Captain(s) and or Steersperson are responsible for the boat.
2. It is the responsibility of the Steersperson and or Captain(s) to ensure the vessel has the following minimum safety equipment before going out on the water.
  - Two large bailing buckets secured to the boat (OC6), and two small bailing buckets
  - The provided emergency kit
  - An extra paddle
  - Cell phone
3. All people on the boat must have a properly fitted, approved PFD at all times. Full PFDs must be worn October 15 through to March 31. Waist or inflatable PFDs are permitted April 1-Oct 14.
4. The Team Captain(s) and or Steersperson shall only use the boat within safe weather and water conditions. In cold weather paddling conditions a shoreline route (as close to the shore as safely possible) should be taken in all paddling vessels (see additional winter paddling rules). No paddling is permitted in weather that is below (or feels below) 0 degrees.
5. At least one person on the boat should be able to perform Basic CPR.
6. When out on the water in cold weather (5 degrees or colder), it is strongly recommended that paddlers wear neoprene gear, or several layers of quick-dry fabric (fleece, polypro, polyester, wool). Be aware of the danger and symptoms of hypothermia. See the Video on SmartBoater.ca
7. No boats are allowed out on the water during an electrical storm. If caught in an electrical storm, paddle to the closest landmass and beach the boat. Find shelter and remain there until the storm has passed.
8. No boats are allowed out on the water when fog impedes visibility. If caught in the fog, paddle as close to shore as safely possible and remain calm. Use a whistle or sound making device to warn others of your location.
9. Any damage to a vessel should be reported to the Captain, Commodore and or the Equipment Manager as soon as possible to ensure the safety of all members.
10. The Boat Safety Committee or Outrigger director shall conduct dry land and on water safety drills and demonstrates dragon boat and outrigger canoe bailing and capsizing techniques on a regular basis.
11. The safety of each participant in SIPC paddling activities is solely and exclusively the responsibility of each such participant.

<b>Registrant Must Initial</b>

#### **Specific to Dragon Boat**

1. There shall be a minimum of twelve (12) paddlers and a maximum of twenty-two (22) persons in the dragon boat. A minimum of (6) paddlers in the 10 man dragon boat.

#### **Specific to Outrigger Canoe**

1. From October 15-March 31 a minimum of five paddlers should be in OC6s. April 1-October 14, a minimum of four paddlers is required. Minimum paddlers on v-12 is 10. From October 15-March 31, solo OC1 paddling is prohibited.
2. Same safety equipment is required as listed above.
3. All SIPC members are required to read the huli guidelines as outlined on [www.sipaddling.com](http://www.sipaddling.com) and are to undergo and successfully complete an outrigger canoe huli drill administered by the Boat Safety Committee or Outrigger director once every 24 months.

Huli Drill Video <https://www.youtube.com/watch?v=YIxyCwuARGY>

# **SUDDEN IMPACT PADDLING CLUB WAIVER – FOR PADDLING/FUNDRASING EVENTS**

**Release of Liability, Waiver of Claims, Assumption of Risks and Indemnity Agreement, (the "Agreement")  
BY SIGNING THIS AGREEMENT YOU WILL GIVE UP CERTAIN LEGAL RIGHTS, INCLUDING THE RIGHT TO SUE**

**Re:** Participation in the Sudden Impact paddling/fundraising event(s)

**To: The Sudden Impact Paddling Club**, and their respective directors, officers, employees, contractors, representatives, officials, agents, and volunteers.

## **In this Agreement:**

1. the term, "paddling/fundraising events" shall include but is not limited to: helping to facilitate or support at community fundraising events, demonstrations, practices, orientation and instruction sessions, and other such activities, events and services that are in any way connected or associated with or related to the Sudden Impact Paddling Club; and
2. the term, "Releasees" shall include the Sudden Impact Paddling Club, affiliate centres and events, sponsors, official suppliers, officials, and all of their respective directors, officers, employees, volunteers, agents, representatives, successors and assigns.

## **ACKNOWLEDGEMENT – SAFETY**

I am aware of the physical expectations, including the level of physical exertion required as with any other recreational activities, community or volunteer activities and involvements. I am aware that such exertions could activate or aggravate pre-existing physical injuries, conditions, symptoms or congenital defects. I am also aware that there may be safety equipment available that will be required for me to wear and use, like a vizzly jacket and/or traffic wand.

## **ASSUMPTION OF RISKS**

I am aware and understand that my participation is purely voluntary, and that the nature of these paddling/fundraising events have inherent dangers, hazards and risks including, but not limited to: road surface, weather and vehicular-related hazards, ie. slipping, falling, being struck by a car, etc. I understand that injuries resulting from the danger, hazards and risks of participating in such paddling/fundraising events are a probable occurrence.

I am also aware that there is a risk of NEGLIGENCE ON THE PART OF THE RELEASEES, INCLUDING THE FAILURE BY THE RELEASEES TO SAFEGUARD OR PROTECT ME FROM THE DANGERS, HAZARDS AND RISKS OF PADDLING SPORTS.

I freely accept and fully assume all dangers, hazards and RISKS associated with participation in such paddling/fundraising events and the possibility of personal injury, death, property damage or loss resulting therefrom.

## **•RELEASE OF LIABILITY, WAIVER OF CLAIMS AND INDEMNITY**

I acknowledge that it remains my sole responsibly to act in such a manner as to be responsible for my own safety and participate within my own limits. I understand that any Rules are solely for the purpose of regulating other paddling/fundraising event(s) participants and me. In consideration of the Releasees agreeing to my participation in paddling/fundraising events and permitting my use of their equipment and facilities, I hereby agree as follows:

1. TO WAIVE ANY AND ALL CLAIMS that I have or may in the future have against THE RELEASEES AND TO RELEASE THE RELEASEES from any and all liability for any loss, damage, expense or injury that I may suffer, including death, or that my next of kin may suffer as a result of my participation in paddling/fundraising event(s) due to any cause whatsoever, including negligence, breach of contract, or breach of any statutory or other duty of care, on the part of the Releasees;
2. TO HOLD HARMLESS AND INDEMNIFY THE RELEASEES from any and all liability for any damage or personal injury to any third party resulting from my participation in paddling/fundraising events; and
3. This Agreement shall be effective and binding upon my heirs, next of kin, executors, administrators and representatives, in the event of my death or incapacity.

In entering into this Agreement, I am not relying on any oral or written representations or statements made by the Releasees with respect to the safety of paddling/fundraising events other than what is set forth in this Agreement.

**NAME:** \_\_\_\_\_ **SIGNATURE:** \_\_\_\_\_ **DATE:** \_\_\_\_\_